

South Lanarkshire Support Services Referral Directory

Homelessness & Housing Support

South Lanarkshire Council – Housing & Homelessness

Phone: 0303 123 1012 (Option 5)

Emergency (out of hours): 0800 242 024

Area: South Lanarkshire-wide

Support: Homeless applications, temporary accommodation, housing advice

Food Support

South Lanarkshire Council – Community Wellbeing

Phone: 0300 029 0041

Area: South Lanarkshire-wide

Support: Food bank access, financial advice, essentials

Community Food Organisations (various locations)

Example: Blantyre Hub – 07944 444964

Area: All localities

Support: Food parcels, meals, toiletries, warm spaces

Healthy Valleys

Area: Rural South Lanarkshire (Clydesdale)

Support: Food poverty and wellbeing programmes

Community Links South Lanarkshire

Address: Clydeview Shopping Centre, Blantyre

Area: South Lanarkshire

Support: Community hubs, wellbeing and cost-of-living support

Addiction & Recovery

Community Addiction Recovery Services (CAReS)

Hamilton: 01698 754911

East Kilbride: 01698 753956

Clydesdale: 01698 754440

Cambuslang/Rutherglen: 0141 584 2515

Area: South Lanarkshire-wide

Support: Drug/alcohol treatment and recovery

The Beacons Recovery Hubs

Phone: 01698 755926

Locations: Blantyre, Cambuslang, Lanark, East Kilbride

Support: Peer recovery and group work

Turning Point Scotland – Reachout Service

Phone: 01355 377 450

Area: South Lanarkshire-wide

Support: Outreach and intensive addiction support

We Are With You

Phone: 0800 599 9774

Area: UK-wide

Support: Advice and support for substance use

Advice & Wider Support

Citizens Advice Bureau

Phone: 0800 028 1456

Area: Local offices across South Lanarkshire

Support: Benefits, debt, housing and legal advice

South Lanarkshire Social Work

Phone: 0303 123 1008

Area: South Lanarkshire-wide

Support: Crisis support and adult protection

Barnardo's Axis (Young People)

Phone: 01698 262 443

Right There

Area: Lanarkshire

Support: Support for young people affected by substance use

Covey Befriending

Address: 9 High Patrick Street, Hamilton

Area: South Lanarkshire

Support: Mentoring and emotional support for young people